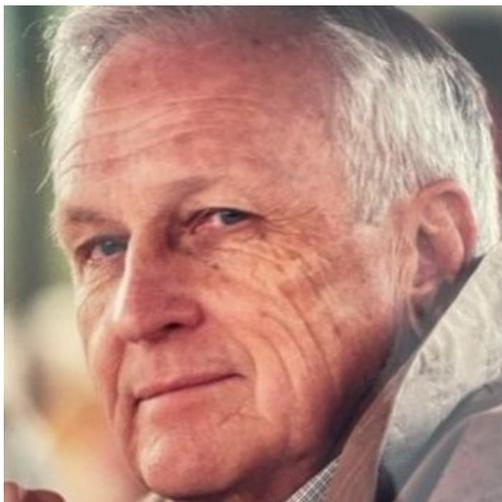




Top Stories



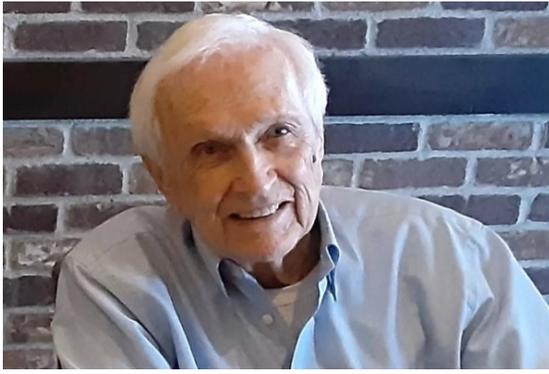
Farewell, David Kreitzer

David Kreitzer, a founder of San Dieguito River Valley Conservancy, retired U.S. Air Force officer, student of botany and multifaceted volunteer in Rancho Bernardo, passed away Nov. 12 at the age of 94.

His name is immortalized on the David Kreitzer Lake Hodges Bicycle Pedestrian Bridge. The graceful structure just west of Interstate 15 in Rancho Bernardo was dedicated in his honor in 2009.

"Like his bridge, Dave was a unique architectural wonder that connected communities and will continue to impact future generations," said Chris Khoury, a Conservancy Advisory Board Member.

[Open Full Story](#)



An Inspirational Leader

By Chris Khoury

As a founding member of the Conservancy in 1986, David Kreitzer joined with other passionate community members in developing an incredibly ambitious effort to protect the entire San Dieguito River Valley. This audacious vision, promoted by Dave, has resonated and inspired so many.

[Open Full Story](#)



Welcome aboard, Leila!

Introducing Leila Akhondzadeh, our new Conservation, Education Outreach Intern.

A native of San Clemente, Leila is set to graduate from UC San Diego in June with a bachelor's degree in environmental systems. She's a true-born nature lover, enthusiastic foodie and skilled piano player.

Welcome aboard, Leila!



Congrats, Volcan Mountain Foundation!

Congratulations to our friends at Volcan Mountain Foundation for securing a \$1.55 million state grant for forest restoration.

On Nov. 15, the Wildlife Conservation Board approved funding for the Volcan Mountain Montane Forest Habitat Resilience Project.

The project will cover portions of the nearly 1,000 acres the foundation owns and manages.

Restoration plans target montane forests on the slopes of Volcan Mountain, where chaparral and oak ecosystems give way to high-value groves of mature conifers at the upper elevations.

[Open Full Story](#)

Upstream

Dec. 2: Creekside Critters: A Hands on Experience for Families with Joy Inton

Attention families: Don't miss Tiny Wonders of the Watershed hosted by biologist Joy Inton 10 a.m. Dec. 2 at the Del Mar Library.



This free Speaker Series event provides a hands-on opportunity for kids and families who love critters and want to learn more about them. Register now!

[Register](#)



Dec. 3: Tree Planting at Sword Way Site

What better way to spend International Volunteer Day than by helping us plant trees at our Sword Way restoration site? We're all set for 9 a.m. to noon Dec. 3.

We'll provide the tools to dig in to a fun day of work in the outdoors!

[Register](#)



Dec. 3: Festive Farmhouse at Sikes Adobe

Join the Friends of Sikes Adobe for hot drinks, treats and Christmas music during the Festive Farmhouse: A Farmstead Holiday Celebration from 11 a.m. to 2 p.m. Dec. 3 at 12655 Sunset Drive, Escondido.

Activities include farmhouse tours, paper crafts, cookie decorating and relaxing in the elegant, Victorian parlor.



Dec. 9: The Red Nose Run

Mark your calendars for the Red Nose Run Dec. 9 on the beach in Del Mar. Run or walk the 3K or 5K routes during this very fun event. Proceeds will benefit the San Dieguito River Park. See you there!

[Register](#)



Dec. 14: Walk N Talk at Pamo Valley in Ramona

Our Walk N Talk for December takes us to Pamo Valley in Ramona. The hike can count for one of this year's Coast to Crest Trail Challenge hikes. Lace up and join staff and board members as we explore the grassy valley and rolling hills, chatting all the way. Meet at 9 a.m. Thursday, Dec. 14.

[Register](#)

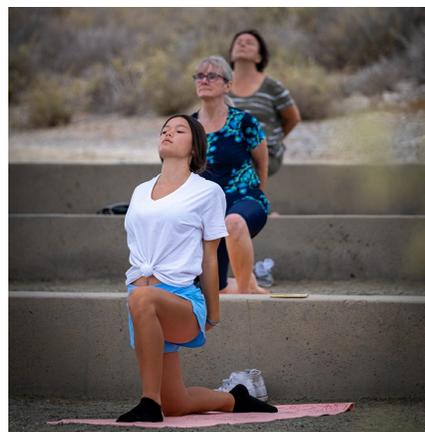
Dec. 17: Yoga at the Birdwing

We're good to go for family yoga 10 a.m. Dec. 17 at the Birdwing Open Air Classroom. Led by Susan McCrea, the free class meets on the third Sunday of the month and overlooks the San Dieguito Lagoon.

Starting in January, Yoga at the Birdwing will be offered twice a month, on the first and third Sundays.

The first Sunday will offer a yoga sculpt class, which incorporates light hand weights and high-intensity cardio bursts for a maximum, full-body, calorie-burning effect.

The third Sunday will remain as a class for all levels and is open to kids. These sessions are designed for individuals and families to stretch, bend and have fun together.



[Register](#)

Downstream



Junior authors and illustrators showcase activity book

During their fall exhibition Nov. 16, third grade students from High Tech Elementary showcased an activity book they created to teach others about the San Dieguito River Park. The colorful pages are rich with illustrations and information. Great job, kids!

[Open Activity Book](#)



Opting Outside on Green Friday

Executive Director Cheryl Goddard opted outside to celebrate Green Friday Nov. 24.

Accompanied by family and friends, she embarked on a hike through Clevenger Canyon South, reaching the popular rocking chairs and enjoying the beautiful views of San Pasqual Valley.

"While Volcan Mountain via Five Oaks Trail remains my favorite Coast to Crest hike, South Clevenger is a close second," Goddard said.



Coast to Crest Trail Challenge



Kathy Brandon and friends

Year 7 Coast to Crest Trail Challenge

Have you started the Year 7 Coast to Crest Trail Challenge?

Complete the five hikes in any order, however and whenever you'd like.

This year, we're pairing each hike with a monthly Walk N Talk.

You can hike with the group, go solo, with spouses, sweethearts, besties, kids, dogs or any combination of the above. Send us your selfies!

Find details on the Year 7 C2C Challenge Webpage.

The five hikes (and upcoming Walk N Talk dates) are:

- HIKE 1: San Dieguito Lagoon Trail
- HIKE 2: Santa Fe Valley
- HIKE 3: Sikes Adobe to the base of Bernardo Summit
- HIKE 4: Santa Ysabel Lower Truck Trail
- HIKE 5: Pamo Valley (Dec. 14)



**Year 7 C2C Challenge
Webpage**



Sherri Glidden



Tina Meyer



Jill Sells and friends

River Park News



Monthly Trail Maintenance

Work with rangers to improve trails and restore native habitats from 9 a.m. to noon Dec. 10. Meet at the Bernardo Bay Staging Area near the entrance to Rancho Bernardo Community Park, 18448 W. Bernardo Drive, San Diego. We'll provide tools, training and work gloves. Please bring drinking water, sun protection and wear sturdy, closed-toed shoes. We can't wait to see you!

Contact: leana@sdrp.org



Dig in to the Sikes Adobe Farmstead Garden

Work with our dedicated Friends of Sikes Gardeners to preserve and promote the heritage and beauty of the gardens at the Historic Sikes Adobe.

Weekly sessions are scheduled from 9 to 11 a.m. on the first and third Monday and second and fourth Sunday of each month.

Contact: calei@sdrp.org

Donate



Your donations make our programming possible. Thank you!
Photo: John Weare

[Donate](#)

Stay in Touch!



San Dieguito River Valley Conservancy | 3030 Bunker Hill Street, Ste. 309-1, San Diego, CA 92109

[Unsubscribe sdrvc@sdrvc.org](mailto:unsubscribe_sdrvc@sdrvc.org)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by sdrvc@sdrvc.org powered by



Try email marketing for free today!