

SEPTEMBER 2024



SAN DIEGUITO RIVER VALLEY CONSERVANCY | SAN DIEGUITO RIVER PARK JPA

Top Stories



Oct. 13: River Valley Fest 2024

We can't wait to see you during San Dieguito River Valley Conservancy's largest annual fundraiser 4:30 to 7:30 Oct. 13 at Hilton San Diego Del Mar. We'll publish more details for this excellent event as they become available. Please check back early and often!

[Open Website](#)



Donated Chickens to Support Education Program

Our friends at Sikes Adobe Historic Farmstead are clucking over a donation of chickens courtesy of Rocha Escondido Ranch.

The Sikes folks say the birds will be super spoiled at their new home and will be incorporated into the Historic Farmstead's educational program.





Leaving Only Footprints

Big ups to Charlotte Sach for leading Camp Footprint, a summer day program designed to teach campers about the importance of protecting our watersheds and the creatures that inhabit them.

We were delighted to work with Charlotte and her charges.

"We began by discussing how our actions directly impact these vital ecosystems and explored practical ways to protect them," said Kim Yingst, Community Engagement Manager. "Afterward, we led the campers to

the beach, where they enthusiastically participated in a cleanup activity. Their efforts resulted in the collection of over 15 pounds of trash, demonstrating their commitment to preserving the environment and the positive impact we can achieve together."

[Open Website](#)



Upstream



Sept. 1 & 15: Yoga at the Birdwing

Get your namaste on 10 a.m. today and Sept. 15 at the Birdwing Open Air Classroom. Instructors Susan and Mary lead the free sessions on the first and third Sundays of the month. Bring your water bottle and mat!

[Register](#)



Sept. 7: Creekside Critters

Crawl on over to Del Mar Library for Creekside Critters 2 to 3 p.m. Saturday, Sept. 7. Kids and grownups can meet and greet reptiles, amphibians and their human friend, Jeff Nordland of the Southwest Herping Society.

[Register](#)



Sept. 14: Grape Day Fest

We can't wait to see you between noon and 6 p.m. Sept. 14 for the City of Escondido's

Grape Day Fest. This is one of our favorite annual events. Come and visit!

[Open Website](#)



Sept. 27: Walk N Talk

Let's conquer the Coast to Crest Trail Challenge together! Del Dios Gorge is our Walk N Talk destination to complete Hike No. 3 of this year's series. Meet at 9 a.m. Sept. 27 at the Del Dios Gorge trailhead.

[Register](#)

Downstream



Walkin and Talkin at Piedras Pintadas

On Aug. 30, our second Walk N Talk group hike for Year 8 of the Coast to Crest Trail Challenge brought us to Piedras Pintadas. Members of the Conservancy's staff lead the monthly Walk N Talks, where the chatter covers flora, fauna and almost anything else!

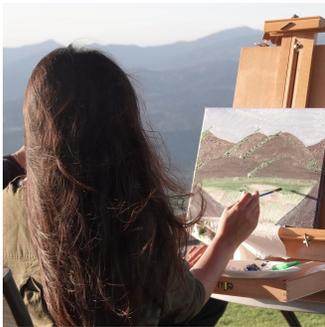




First Ever Paint N Sip

We brushed acrylic onto canvas and drank of the wine.

San Dieguito River Valley Conservancy's first ever Paint N Sip Aug. 16 brought about a half dozen amateur artists to Speckle Rock Vineyard, where Melody Corirossi led us in rendering acrylic paintings of the lovely landscapes that surrounded us.



Coast to Crest Trail Challenge



Karen Kissinger and Krissy Greenhouse



Year 8 Trailblazers

The first batches of selfies for Year 8 of the Coast to Crest Trail Challenge are trickling in, and each image shows a pair of gal pals having the times of their lives.

We love this! What a great inspiration! Keep those selfies coming!

Year 8 Details



Volunteering



Monthly Trail Maintenance

Work with rangers to improve the trails and restore native habitats from 9 a.m. to noon Sept. 8 in Del Mar. Meet at the Coastal Ranger Station, 15699 San Andres.

We'll provide tools, training and work gloves. Please bring drinking water, sun protection and wear sturdy, closed-toed shoes. We can't wait to see you!

Contact: calei@sdrp.org



Weekly Gardening at Sikes Adobe

Every month from 9 to 11 a.m. on the 1st and 3rd Sunday and the 2nd and 4th Monday.

Work with our dedicated Friends of Sikes Gardeners to preserve and promote the heritage and beauty of the gardens at the Historic Sikes Adobe.

Contact: calei@sdrp.org

Sikes Adobe Historic Farmstead



Volunteers: A Year of Dedication at Sikes Adobe

By Monica Demler

For over a year now, the Community Based Program volunteers from "A New Day Today" have become an integral part of the Sikes Adobe community. Led by Coaches Tom and Lily, these enthusiastic volunteers have made it their mission to keep Sikes Adobe beautiful and well-maintained, all while building independence, social skills, and lasting friendships—and what great friends they've become!

What began as a simple initiative to pick up litter from the parking areas and along the Coast to Crest Trail has blossomed into a much more involved effort.

[Open Full Story](#)

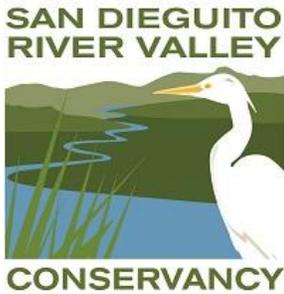
Donate



Your generosity is our lifeblood. Thank you! Photo: John Weare

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