

SEPTEMBER 2022

RIVERSCAPE

SAN DIEGUITO RIVER VALLEY CONSERVANCY · SAN DIEGUITO RIVER PARK

Yoga at the Birdwing



Have you tried Yoga at the Birdwing?

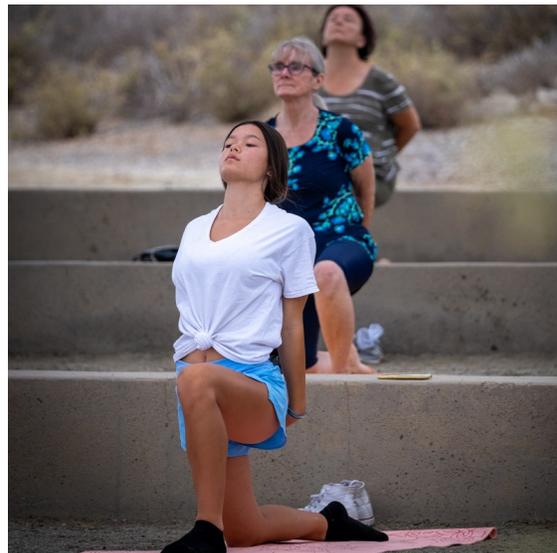
Instructor Susan A. McCrea leads the free class at 10 a.m. on the third Sunday of every month.

You can find your bird pose among the many birds of the San Dieguito Lagoon, which spreads across the viewscape in a vibrant wash of greens and blues.

Connect mind and body while filling your lungs with salt-tinged air.

We can't wait to see you at this all-ages, all-levels class!

Bring water and a mat. Park at the San Dieguito Lagoon Ranger Station, 2801 Via De La Valle, Del Mar.



Nov. 6: River Valley Fest

SAN DIEGUITO RIVER VALLEY CONSERVANCY
SAVE THE DATE

making connections
2022 RIVER VALLEY FEST
11 06 2022
4-7PM
San Diego/ Del Mar Hilton
15575 Jimmy Durante Blvd, Del Mar 92014
Cocktail Hour | Silent Auction | Dinner | Special Program | Announcements

Mark your calendars for Nov. 6 for the 2022 River Valley Fest. This year's theme is "Making Connections."

The event begins at 4 p.m. at the Del Mar Hilton and includes cocktails, appetizers, a gourmet dinner, silent auction, special programming and exciting announcements.

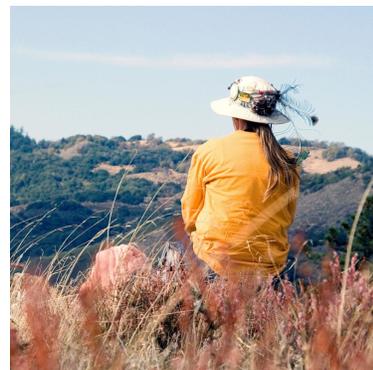
As the Conservancy's major fundraising event of the year, River Valley Fest directly supports our work to preserve, protect and share the natural and cultural resources of the San Dieguito River Valley.

Our generous donors enable us to acquire lands, complete trails, restore habitats, establish educational programs and encourage recreation.

Keep Your Cool on the Trail and Online

During hot weather, remember to wear sunscreen and protective clothing. Bring plenty of water for yourself and plus extra water and a bowl for your leashed dogs. If you normally hike inland, visit our coastal trails for a cooler hike and change of scenery.

Another way to "visit" the River Park while keeping cool at home is by browsing the online "story maps" that cover the entire trail network. The digital pages include colorized trail segments, photographs and plenty of details on wildlife, cultural resources and rules of the River Park. It's a great tool to plan for a future visit when the weather cools down.



[Open Story Maps](#)

Hike Leaders: We Want You!



Calling all hike leaders!

We are recruiting volunteers to lead group hikes. Training sessions for hike leaders and hike assistants are scheduled for Oct. 9 and Nov. 13.

Volunteers must be experienced hikers over 18 and must complete a background check and live scan.

[Open Application](#)

Drivers: We Want You!



*Contact Joseph Rivera via email for more information.
josephsdrvc@gmail.com*

The Watershed Explorers program needs drivers with a Class B Driver License who are experienced driving vans and buses. Drivers will transport students to locations up and down the watershed. Applicants must complete a live scan and background check. The pay is \$18/hour.

Contact Joseph Rivera: josephsdrvc@gmail.com

Let's Walk-N-Talk



SDRVC is planning a **FREE** Walk-N-Talk Hike Series to be held the 2nd Tuesdays of the month

Meet SDRVC staff and Board Members; Learn about the Conservancy; Hear about current and planned Conservancy projects and programs within the San Dieguito Watershed; and Share your ideas for the Conservancy

FIRST HIKE:

San Dieguito Lagoon
Tuesday, October 11th
10am - noon

Meet at the Grand Avenue Bridge - hike to El Camino Real
5 miles roundtrip
Difficulty Level: Easy



SAN DIEGUITO LAGOON

Learn about the history of the Old Grand Avenue Bridge, past and current restoration efforts within and along the San Dieguito Lagoon (west and east of I-5), stop by the San Dieguito River Park Coastal Ranger Station, visit the Founders Tribute, admire the Birdwing Open Air Classroom and hear about efforts to connect the trail along Surf Cup fields.

Want lunch after the hike? We suggest ViewPoint Brewing which is near the start of our hike and will be open as we end our hike.

[Directions and RSVP](#)

Meeting the Masters



More than two dozen master gardeners joined us at the Birdwing Open Air Classroom Aug. 31 to discuss our conservation, education and recreation programs. The outing included a guided hike, tour of the ranger station and lunch at Viewpoint Brewing Co.

Farewell, Emily Kochert!

A bittersweet farewell awaits us on Friday.

That's the last day for Conservation Manager Emily Kochert, who has accepted a position with the Watershed Protection Group at the County of San Diego.

What a great match for Emily's experience and interests.

We thank her for her great ideas and energy, for leading restoration work up and down the watershed, and for smoothly running the organization during many months as Interim Executive Director.

Emily Kochert, we wish you the very best!



Wonderful Wonderfest in Julian



Our very own dream team represented SDRVC during the Julian Natural Wonderfest, a free, all-ages celebration of nature Aug. 20 at Jess Martin Park.

National Relaxation Day



We take relaxation seriously. Photos to illustrate National Relaxation Day Aug. 15 came from (clockwise from upper left) Executive Director Cheryl Goddard; Conservation Manager Emily Kochert; Board President Jim Smith and his wife, Jane Lea, and Associate Conservation Manager Joseph Rivera with his dog, Frodo.

Hit Us with Your Best Shot!



What's your favorite way to explore the river valley? Send your best shot to sdrvc@sdrvc.org and post @sdrvc. Photo: Jose Galaz

Wild Art



San Dieguito River Park's camera trap picture of the month features a deer and her fawn.

Sikes Archives



In Spring 2003, SDRP Deputy Director, Susan A. Carter and staff had undertaken the massive task of directing the restoration of the Sikes adobe and wood frame farmhouse. The SDRP had acquired the structure and 5 acres to protect this historic resource as part of the Master Plan for the Park's land preservation program. Most of the restored structure burnt down in the Witch Creek fire four and a half years later.

Open Video

Share a Story with GreatNonprofits

Would you share your experience with us on GreatNonprofits.org?

The website enables nonprofits to harness voices of the clients, donors and volunteers who know them best.

For us, those voices would be yours. Thank you!



Open Webpage

Something to Smile About

Did you know that San Dieguito River Valley Conservancy is part of AmazonSmile?

Visit the [AmazonSmile webpage](#) or shop with AmazonSmile ON when ordering through the Amazon Shopping app.

With every purchase, the company will donate to the Conservancy!



Open AmazonSmile

Donate



Your donations make our programming possible. Any gift of any size translates directly into Conservation, Education and Recreation. Thank you!

Donate

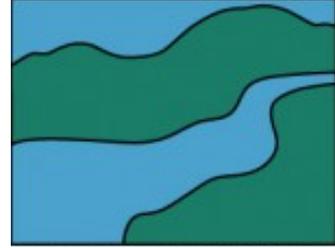
Stay in Touch!

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RIVER VALLEY**



CONSERVANCY

sdrvc@sdrvc.org



**SAN DIEGUITO
RIVER PARK**

sdrp@sdrp.org



San Dieguito River Valley Conservancy | 3030 Bunker Hill Street, Ste. 309-1, San Diego, CA 92109

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