

FEBRUARY 2023

SAN DIEGUITO RIVER VALLEY CONSERVANCY • SAN DIEGUITO RIVER PARK

# RIVERSCAPE

## Rangers in the Rain



With one rainstorm after another in January, San Dieguito River Park Rangers are working hard to keep our trails safe. Before, after and during the rains, rangers dig drainage trenches to evacuate standing water from the trail surface.

Quickly removing ponding water prevents hazardous conditions and erosion. So does closing the trails when the ground is waterlogged. If more than a half-inch of rain falls within a 24-hour period, we close the trails to prevent damage and let them dry out.

Thanks so much to our Park Rangers and volunteers for keeping our trails in great shape!

Upstream

## Walk-N-Talk in Crest Canyon

Come feel the love during our Pre-Valentine's Day stroll 9:30 a.m. Feb. 13 at Crest Canyon in Del Mar.

The two-mile hike will take us from the trailhead at Lozana Road and Durango Drive to the San Dieguito Lagoon.

The walk itself is easy but be advised that we'll need to go up and down three sets of stairs to get in and out of the canyon.

We'll chat about restoration work within the canyon and the rare, coastal chaparral specimens it contains. At the lagoon, we can point out the alignment of the planned extension of River Path Del Mar.

Staff contact: Kim Rogers  
kim@sdrvc.org



[Register](#)

## Downstream



Under crisp, blue skies, our January Walk-N-Talk took us to Mule Hill and included a visit to the Sikes Adobe Historic Farmstead.



## This Just In: Winter 2023 Currents

In addition to our monthly, electronic newsletter, "Riverscape," we also publish a printed piece, "Currents," three times a year.

[Open Currents](#)

**CURRENTS**  
NEWSLETTER OF SAN DIEGUITO RIVER VALLEY CONSERVANCY

**INSIDE**

- PG2 Messages from Board President + Executive Director
- PG3 Congrats, Diane Coomb!
- PG4 Go to 21 Miles Campaign Update
- PG5 Coast to Coast Challenges
- PG6 River Valley Fest
- PG7 River Valley Fest Photos
- PG8 Watershed Explorers
- PG9 Exploring Sense of Place
- PG10 Restoration Projects
- PG11 Walk-a-Talk, Yoga

**MAKING CONNECTIONS**  
RIVER VALLEY FEST 2022

Connecting communities by building trails. Connecting habitat and ecosystem by preserving land and allowing wildlife movement. Connecting people to nature. Connecting kids and adults alike with experts to learn and experience the unique history of the San Diego watershed. Connecting people to people and partner organizations by offering educational and recreational events and programs. Connecting people to local businesses by offering Multistation Destination recommendations after trail and volunteer events. With your support, the San Dieguito River Valley Conservancy makes those connections happen throughout the year and improves the quality of life for those aware of the regional asset and attraction known as the San Dieguito River Park. The Conservancy strives to educate communities about its mission so that more can enjoy the natural and recreational resources of the river park while imparting a passion for environmental stewardship.

On November 6th, more than 150 of the Conservancy's supporters gathered at River Valley Fest to celebrate Making Connections. See pages 6-7 to read more about the celebration.

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## Fabulous New Faces

### Kim Rogers, Community Engagement Manager

Please join us in welcoming Kim Rogers to the role of Community Engagement Manager. Kim is a native of Southern California and the outdoors and camping are in her DNA. So is protecting our precious natural and cultural resources. Kim earned a bachelor's degree in Environmental Science, Technology and Policy from CSU Monterey Bay. She is excited to expand the reach of our outdoor and educational activities. We can't wait to put her experience as an environmental educator, yoga instructor and photographer to good use. Welcome aboard, Kim!



### Jessica Yost, Interpretive Ranger

Introducing Jessica Yost, Interpretive Ranger for the San Dieguito River Park. In her role, Jess will facilitate educational programs, community events, media design, volunteer recruitment, habitat restoration and park maintenance. Jess is a Bay Area native who has made San Diego her home for the last four years. She earned a master's degree in Environmental Health Sciences from San Diego State University and a bachelor's degree in Environmental Studies from Sonoma State University. She's publishing two pieces of scientific literature based on toxicology research of embryonic development and gene disruption of zebrafish. Her experience as a scientist, California naturalist, land manager, mentor and technology specialist have more than prepared her to thrive in her new role. In her free time, Jess enjoys yoga, photography, dancing, exploring new destinations and playing with her dogs. Welcome aboard, Jess!



### Debbie Croft, Administrative Assistant

Please join us in welcoming Debbie Croft, the Conservancy's new Administrative Assistant. The many hats she'll wear include assisting with events, activities and outreach. As a master of tasks, Debbie will keep the office running smoothly.

Her experience includes office management, copyediting, human resources management, digital marketing and video production scheduling.

Debbie is excited to start in her new role and we're excited she's with us. Welcome aboard, Debbie!



## Next to Nature Demo

# N E X T T O NATURE

## Demo

### FEBRUARY 18 • 10 AM - 12 PM

San Diego Science Center

3030 Bunker Hill St • San Diego CA 92109 • Conference Room 121

*Presenter 1*

**Diane and Miranda Kennedy from Finch Frolic Garden Permaculture**

*Topic: Easy methods of harvesting water safely and healing areas of erosion*

*Presenter 2*

**Cody Harrison, Beyond Sustainability Specialist from Corona Enterprises**

*Topic: Factors to consider when designing your Next to Nature home*

For more information, visit [sdrvc.org](http://sdrvc.org)



Join our Next to Nature Demo 10 a.m. Feb. 15 for presentations on water harvesting, erosion control and landscaping design.

[N2N Demo Registration](#)

[Next to Nature Webpage](#)

# Coast to Crest Trail Challenge



Coast to Crest Challenger Karen Kissinger

You can do this!

In a series of five hikes, the Coast to Crest Trail Challenge takes you up and down the San Dieguito Watershed, from scrubby foothills to the pine forest with plenty of oaks and grasslands in between.

Get details online. We'll see you on the trail!

[C2C Challenge Info](#)



## Hit Us With Your Best Shot



**Alana Asmussen lined up this shot during an Exploring Our Sense of Place hike near the Birdwing Open Air Classroom. Send your best shot to [sdrvc@sdrvc.org](mailto:sdrvc@sdrvc.org) and post with the hashtag #sdrvc**

## River Park News

# INSPIRE THE NEXT GENERATION OF ENVIRONMENTALISTS

Become an Interpretive Ranger Volunteer!

**TRAINING IS ON 2/18/23 AT 10 AM  
IN THE ESCONDIDO LIBRARY**

TO REGISTER SCAN THE QR CODE OR  
VISIT [TINYURL.COM/SDRPVOLUNTEER](https://tinyurl.com/SDRPVOLUNTEER)

For more information call 858-674-2270 X 14



SCAN ME



## Destinations

- Volcan Mountain
- Surprise Farm Retreat Center
- San Diego Archeological Center
- Sikes Adobe Historic Farmstead
- Lake Hodges
- Birdwing Open Air Classroom at San Dieguito Lagoon



## Experiences

- Each location focuses on a different theme to educate the young explorers about the history, biology, and cultural significance of the watershed.
- Explorers develop a deeper appreciation for the beauty and protection of our environment.



## Rewards

- Earn internship credit for college.
- Inspire the next generation to love and protect nature.
- Enjoy the outdoors in the 92,000 acre park.
- Network with fellow nature-lovers.



[sdrp.org](https://sdrp.org)



[sdrvc.org](https://sdrvc.org)



[volcanmt.org](https://volcanmt.org)



[sandiegoarchaeology.org](https://sandiegoarchaeology.org)



[surpriseretreatcenter.net](https://surpriseretreatcenter.net)

## Interpretive Ranger Volunteer Info

### Wanted: Watershed Educator volunteers

The Escondido Explorers Program gets kids excited about the outdoors. We're recruiting volunteers to help run the program.

### Watershed Educator Info



## Movie-making at Sikes Adobe

As part of a senior project, students from John Paul the Great University visited Sikes Adobe Historic Farmstead to shoot scenes for "Pardoning Beauty."

The short film explores mending relationships through art and painting.

We'll let you know where and when you can see the film once it's finished.



## Share a Story with GreatNonprofits

Would you share your experience with us on GreatNonprofits.org?

The website enables nonprofits to harness voices of the clients, donors and volunteers who know them best.

For us, those voices would be yours. Thank you!



[Open Webpage](#)

## Donate



**Your donations make our programming possible. Any gift of any size translates directly into Conservation, Education and Recreation. Thank you!**

[Donate](#)

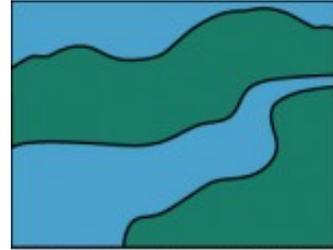
# Stay in Touch!

**SAN DIEGUITO  
RIVER VALLEY**



**CONSERVANCY**

[sdrvc@sdrvc.org](mailto:sdrvc@sdrvc.org)



**SAN DIEGUITO  
RIVER PARK**

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